



**H.E.A.L.I.N.G.**  
Helping Everyone Accept Loss Instead of Neglecting Grief

### **Grief and Loss Consultation Service**

*When death and nondeath losses arrive and you're left with, "now what do we do?"*

Nothing can quiet a room quite like the announcement that someone has had a significant loss. The discomfort often leaves people not knowing what to say. In a work or school environment there can be questions of how do we create a compassionate and caring space?

As we are more reengaged in the world after over 2 years of profound loss, how will grief look in your office, classroom, hospital, or place of work? In what ways, shapes and forms will it take? Grief and loss impact everyone and all systems!

#### **What is the service?**

- An opportunity to receive input on ways to address and manage the impact of a death or non-death loss of someone in your community.
- Consultations can be scheduled when you need it. Virtually or in person.
- Receive strategies for your specific situation.
- The overarching goal is to provide relief for the person (or group) you care about - and yourself.

Consultations have been helpful, for example, when a student or faculty member has died at a school, when an employee has been diagnosed with cancer or when trauma has shaken a work environment and those closely connected to it. Initial queries often start with: "Can you design a plan of management?": "How can we help people feel heard?": "Could you process the experience with our staff?"

Contact the provider for fees and to schedule

Services are provided by.

#### **Ken Barringer, LMHC**

He has worked in the field of mental health since 1984 and specifically in grief since 1996 providing individual group and family counseling with children, adolescents, and adults. Since 2001 he has been a clinical consultant to schools and mental health programs as well businesses often in the aftermath of community tragedies (death, suicide, homicide) and national tragedies (mass shootings and its impact on their community). Additionally, Ken is an adjunct faculty member at Lesley University in the Division of Counseling and Psychology and Director of the Academy in Newton.

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